



At Epping Secondary College our relationships and behaviours are guided by the values **RESPECT, COMMITMENT, HONESTY, FAIRNESS AND PERSEVERANCE**

Issue 1

February 2019

## Celebrating our 2018 successes!

### Important Dates

We are so proud to share our many year 12 successes for 2018. Our Dux was **Natalie Curukovski** who was also offered a place studying Arts at Melbourne University. Additionally we had students who were awarded the International Baccalaureate. This award is internationally recognised and requires the students to achieve excellent results in the following subjects:

- English or Literature or English Language with a study score of 30 or above; or a Units 3 and 4 sequence in EAL with a study score of 33 or above
- Mathematics Methods (CAS) or Specialist Mathematics
- a VCE Language



Epping SC also received the highest study score of 28 ahead of all government schools in the area. Additionally we received the highest number of students receiving a score of 40 plus study score (out of 50). Our percentage was 3.4 (similar to St Monica's) well over the local schools that were averaging 1.6.

Furthermore, our ATAR score had also increased from 54 in 2017 to 59 in 2018.

This is a ranking process used by VTAC that uses the VCE results issued by the Victorian Curriculum and Assessment Authority (VCAA).

We are also very proud of our Applied Learning students. Some of our many successes include:

Dinah Reeves and Sheneha Shakshi have both been accepted into Nursing at RMIT.

Jason Amituani Tafili has secured an apprenticeship with Ford

Jowthan Maheswaran has also secured an automotive apprenticeship

Sosaia la Pierre Nuku - atomic Gym Fitness Training

Mutu Stephens - Electrical apprentice

Chloe Edwards Lunn - Manager at Coles while studying Diploma of Beauty

Cayden Turner - Electrical apprentice

Adam Bernardi - Plumbing apprentice

Chelsea Condon - Vet Nursing

Blake Davis - Electrical Apprentice

Brandon Griffith Gittus - Auto apprentice Bayford

Whitney Young - Diploma of Beauty

Matthew Oularis - Carpentry apprentice

All our students who applied for a tertiary course were offered positions - 68 were offered a university place, with 40 offered a TAFE course.

We would like to thank all parents and staff who have supported these students to succeed in their secondary years, especially that last final sprint.

**Antoinette Hooper**  
Assistant Principal

#### MARCH

**Tuesday 5**  
School Photos

**Monday 11**  
**LABOUR DAY**  
**PUBLIC HOLIDAY**

**Tuesday 12**  
Catch Up Photo Day

**Thursday 14**  
Leadership Excursion

**Wednesday 27– Friday 29**  
Y10P Canberra Camp

**Tuesday 26**  
**OPEN NIGHT 6.30pm**

#### APRIL

**Tuesday 2**  
**Student Conference Day**

**Thursday 4**  
**Athletics Day**

**Friday 5**  
**LAST DAY OF TERM**  
**DISMISSED 1pm**

#### **TERM 2**

**Monday 22**  
**EASTER MONDAY PUBLIC**  
**HOLIDAY**

**Tuesday 23**  
**CURRICULUM DAY**

**Wednesday 24**  
**STUDENTS START TERM 2**

**Thursday 25**  
**ANZAC DAY PUBLIC HOLIDAY**



# February 2019

## Principal's Report



Welcome back to all our students and staff and a very special welcome to our year 7 students as well as the many new students who are joining Epping SC for the first time. I hope that the festive season was a good one and that everyone was able to enjoy the holidays, spend quality time with family and friends as well as have some fun and relax.

I also hope that we have all returned energised and ready to take on the challenges and the many opportunities for growth that lie ahead. **It is extremely important that we begin the new school year with aspirational goals and a commitment to achieve our very best in everything we do.** Students, teachers, staff and parents need to work together as a partnership and a team to make the year ahead a really good one, an enjoyable one and one that we can reflect on at the end of the year with pride and satisfaction.

We start this school year with approximately **1300 students and 135 staff**. The new department zoning policy has assisted us in stabilising our numbers as we do not want to grow larger and indeed would like to reduce the numbers further. Last year Epping SC outperformed all the secondary state schools in the network with respect to the VCE results. Our senior students are to be commended for their hard work and commitment that led to these excellent results. This outstanding achievement is also a credit to all staff in the school and their dedication, (both teachers and Education Support staff), as without everyone's contribution this would not be possible. More importantly our impact was widespread, with many VCAL students moving on to positive career outcomes and excellent opportunities being taken up by Future Directions students who would have had limited options in most schools. Then there were all those students who faced many challenges including health, mental health, personal, social, family and even cultural struggles and yet with the support of the wellbeing team and special programs such as the Learning Support Program were able to overcome these, feel included and even achieve success. Students across all year levels and subjects were provided with many learning opportunities; curricula and extra curricula, supporting and extending their growth. **We wish all of our past year 12 students, all the best and hope that they are well and truly on their way to fulfilling their vocational and life goals.**

Overall, we have a lot to celebrate.

### **New \$3 Million Building Update:**

Numerous meetings have been held with the architects, school representatives and wellbeing staff to ensure that the design accommodates our educational needs and vision. This new modern building will provide 6 state of art classrooms with glass retractable walls that will open to join a large middle area creating a presentation space that should seat 250 people. Wide decking areas will allow for a sizable shaded recreational space for students as well as creating an outdoor indoor space for special events and activities such as Night at the Museum etc.

### **School Grounds and Facilities Update:**

Over the school holidays there has been considerable maintenance and renovation work completed around the school. The area between the science rooms and the synthetic oval has been resurfaced with synthetic turf. The plan is to continue to install turf in the areas surrounding the oval to extend the recreational space accessible to students. Shade sails and seats are also in the process of being installed.

The technology entrance way and courtyard roof have been freshly painted.

The guttering around the admin, science and technology buildings has been replaced and secured with gutter guard.

### **Planned improvement works for 2019:**

Renovation of kitchens                      Renovation of Library Toilets

Wishing everyone a positive and productive year ahead. Our school values are **Respect, Fairness, Honesty, Commitment and Perseverance** and if we make sure they underpin all of our behaviours we will have a warm, caring, inclusive and strong community.

**Helene Alamidis**  
Principal



# February 2019

## College Captains 2019



**College Captain**  
Jessica Lord



**College Captain**  
Amy Shanahan



**Vice-College Captain**  
Mia Guest



**Vice-College Captain**  
Tawhid Ghairat



**Social Justice Captain**  
Vanessa Capkunski



**Social Justice Vice Captain**  
Lachlan Norris



**VCE Excellence Captain**  
Bailey Goodwin



**Sports Academy Captain**  
Lachlan Stavrevski



# February 2019

## Student Wellbeing & Engagement Team

Epping Secondary College has a dedicated and hard working team approach to the wellbeing and learning of our students. The philosophy of the team is to work with and assist each and every student in supporting and preparing them for success whilst under our care.

An important part of our policies and procedures are those related to student attendance, lateness, uniform, academic progress and of course behavioural expectations in the classroom and the school grounds. In all cases the procedures are there to ensure that our school runs as smoothly as possible and that we present a safe and enjoyable teaching and learning environment for all involved here at the college.

Please feel free in contacting any of the appropriate team members, if there is an issue we could assist your son or daughter with in their educational pathway here at Epping Secondary College.

The team consists of -

### PRINCIPAL



Helene Alamidis  
PRINCIPAL

### ASSISTANT PRINCIPALS



Frazer Thomas  
ASSISTANT PRINCIPAL  
MIDDLE SCHOOL



Kerrynd Sandford  
ASSISTANT PRINCIPAL  
TEACHING & LEARNING



Antoinette Hooper  
ASSISTANT PRINCIPAL  
SENIOR YEARS

### LEADING TEACHERS



Kirk Briggs  
CURRICULUM



Hans Mulholland  
MIDDLE YEARS  
LEADING TEACHER



Ray Stevens  
APPLIED LEARNING  
LEADING TEACHER



Madeline Austin  
MIDDLE YEARS  
STUDENT  
ACHIEVEMENT



Melissa Foresio  
SENIOR YEARS  
STUDENT  
ACHIEVEMENT



Dean Malcolm  
CAREERS &  
PROGRAMS



Sarah Darling  
LITERACY



Sean Hawkins  
DIGITAL  
TECHNOLOGIES

### STUDENT ACHIEVEMENT LEADERS



Madeline Austin  
Y7 STUDENT  
ACHIEVEMENT  
LEADER



Monique Stella  
Y8 STUDENT  
ACHIEVEMENT  
LEADER



Eleni Neocleous  
Y9 STUDENT  
ACHIEVEMENT  
LEADER



Gina Zorzan  
Y10 STUDENT  
ACHIEVEMENT  
LEADER



Melissa Foresio  
VCE STUDENT  
ACHIEVEMENT  
LEADER



Grace Edis  
APPLIED LEARNING  
STUDENT ACHIEVEMENT  
LEADER

# February 2019

## Student Wellbeing & Engagement Team

### LEARNING SPECIALISTS

				
Chris Hill MATHS Learning Specialist	Laura McCarthy ENGLISH Learning Specialist	Rosa Neri HUMANITIES Learning Specialist	Sam Holt SCIENCE Learning Specialist	Leanne Halsall ENGAGEMENT & WELLBEING

### MIDDLE YEARS COORDINATORS

					
Anna Butera YEAR 7 COORDINATOR	Peter Kaskamanidis YEAR 7 COORDINATOR	Ned Harper YEAR 8 COORDINATOR	Lia Privitelli YEAR 8 COORDINATOR	Veronica Petersen YEAR 9 COORDINATOR	Kelly Legg YEAR 9 COORDINATOR

### SENIOR YEARS COORDINATORS

			
Oliver Williams YEAR 10 COORDINATOR	Dean Malcolm YEAR 10 COORDINATOR	Michael Rogneda VCE COORDINATOR	Jessica Spiteri VCE COORDINATOR

			
Penny Hysen VCAL COORDINATOR	Antoinette Rehak FUTURE DIRECTIONS	Grace EDIS PATHWAYS COORDINATOR	Silvia Mitrevski VET COORDINATOR

### WELLBEING/ADMIN STAFF

					
Leanne Halsall STUDENT WELFARE COORDINATOR	Antoinette Rehak INTEGRATION COORDINATOR/ COUNSELLOR	Tanya Conrad BUSINESS MANAGER	Maree Hare ATTENDANCE MANAGER Y7-8	Janie Murrone ATTENDANCE MANAGER Y9-10	Lynda Howden ATTENDANCE MANAGER Y11-12



# February 2019

## New Staff welcome to ESC!



**Michael CONTARIN (COM)**  
P/E/Health Teacher



**Giovanna HILL (HIG)**  
English/Humanities Teacher



**Laura McCARTHY (MCC)**  
Learning Specialist English



**Lewis O'LEARY**  
Music Technician



**Rhiannon OGNEN (OGN)**  
Art Teacher



**Amitesh PRASAD (PRA)**  
Maths/Science Teacher



**Elly-Louise TYQUIN**  
Art Technician

# February 2019

## SRC Team 2019





<b>Year 7 -</b> Aaron Fisher 07A Aaron Cornwall 07B Mayah Obamwonyi 07E	<b>Year 8 -</b> Maram Fayrooz Ali 08C Queen Kury 08D Leilani Masoe 08F Atena Mazravi 08F
<b>Year 9 -</b> Lavanya Sharma 09L Anh Tran 09L Suzan Arifoska 09L Harshitha Chandra Kaur 09L Athaw Ajak 09L Sahara Rose Clogstoun 09J	<b>Year 10 -</b> Lina Dirani 10D Mina Sulejman 10D Amber Thomas 10G Madison Sami 10I
<b>Year 11 -</b>	<b>Year 12 -</b> Vanessa Capkunoski 12A Tadd Ghairat 12C Mia Guest 12D Jessica Lord 12E Amy Shanahan 12E Lachlan Norris 12H Bailey Goodwin 12I Lachlan Stavrevski 12C



# February 2019

## Peer Support Leaders

Lily Aleksovski	Anastasia Lambrou
Hanan Alkhatib	Sheriline Lay
Fatima Al-Musawi	Katelyn Lord
EJ Arifoski	Poppy Lozanovski
Jordyn Bower	Emily Manglaviti
Jhaniela Bungkalot	Jai Mawdsley
Leon Careri	Tilly McLauchlan
Celeste Canals-McInnes	Luis Obamwonyi
Bailee Capp	Alexsandar Ristevski
Bree Coade	Madison Sami
Adam Compton-Robins	Alysha Saveski
Emily Cooper	Jordan Schimming
Jayden Day	Aleksandra Stojoska
Paris De Palma	Stacey Tzotzis
Lina Dirani	Hitaishi Verma
Rosela Fejzolli	Ebony Woodward
Dom Fidow	Brooklyn Zukanovic
Jemma Gonzalez	

<b><u>VCAL CAPTAINS</u></b> Megan Hooper & Caitlin McLaughlin <b><u>FUTURE DIRECTIONS CAPTAIN</u></b> Gaurav Thakkar	<b><u>DEBATING CAPTAIN</u></b> Lina Dirani	
<b><u>LIBRARY ASSISTANTS</u></b> Seb Valeri Sachmann Kaur Mann	<b><u>MUSIC CAPTAINS</u></b> Kayla Mingione Isabelle Armour	
<b><u>PERFORMING ARTS CAPTAINS</u></b> Natalie Carroll Katerina Bonacci Tanika Ponchard	<b><u>VISUAL ARTS CAPTAINS</u></b> Marija Vejanovska Michelle Jugovic Daisy Lagatule	
<b><u>LANGUAGES CAPTAIN</u></b> Jana Miloseski	<b><u>TECH SCHOOL AMBASSADORS</u></b> Simar Singh Anastasia Mitkoska	



# February 2019

## House Captains 2019

<b><u>FINDON FALCONS</u></b> Ravinder Singh Zach Sprague	<b><u>CARLISLE COBRAS</u></b> Jordyn Bower John Kontaris Beth Woodward	<b><u>PINDARI PANTHERS</u></b> Slava Cooke Harry Ryan Caitlan McLauchlan Ugbaad Nur
<b><u>DALTON DRAGONS</u></b> Jaymee Matthews Josh Gonzalez	<b><u>TATLOW TIGERS</u></b> Tahlin Michael Dion Zoto	<b><u>SCARBOROUGH SCORPIONS</u></b> Kristen Stella Herta Fejzolli Emmanuel Blamo



## Sport Captains

Bridie Groves  
Emma Jeffs  
Amy Pullar  
Daniel Tsigros  
Luke Maj

Ruben Bevilacqua  
Makenzy Davis  
Allanah Watts  
Meagan Tinsley  
Tylah Folan

Suzan Arifoska  
Mirza Muhamad Zamri  
Clayton Moulas  
Vihanga Fernando  
Jemma Gonzalez

Jayden Day  
Anastasia Lambrou  
Jenna Ryan  
Seb Valeri

# Starting Out Program

Inspirational speaker Jim Asimakopoulos



Dear Jim,  
My name is Chloe Nelson and I'm in year 7. On Wednesday, February 6<sup>th</sup> you came to Epping Secondary College and gave a wonderful presentation. I am writing to thank you and tell you what I learnt and loved from your presentation.

A few things that I liked from your presentation was that even though you have cerebral palsy you don't give up and you always try your hardest.

Another thing I liked was how good you are at football, even though I don't follow Richmond they are still a pretty good team. When you kicked and handballed the ball I felt really happy and tried to catch the ball.

Some important things I learnt from your presentation were to always believe in yourself, to never give up, to never quit, always try your best and you should always be happy with yourself and don't wish you were someone else.

I just want to say thank you so much for coming to our school. You have added something special to my life.

Kind Regards  
**Chloe Nelson**

Dear Jim,  
On 6<sup>th</sup> February I met you and you're not just any ordinary person. You have cerebral palsy but you make the most of what you have and you're proud of what you do. Yes, you can't do some things as well as us but you can do it if you try. You don't wait for the world to change for you, you Change the world!

You're also an amazing football player and even a professional football coach and in my opinion you should be a cricket coach so you that way you can cover winter and summer.

If anyone is going to meet you Jim they should have high expectations because you WILL smash them and surprise them because you're truly amazing and just a kind and great guy. You gave me more reasons to not judge people on their outside and search for the inner greatness in people. Sometimes you just have to listen to their story and be nice and ask questions about them and try not to be rude or offensive. Thank you for your time and your great advice.

Stay true to who you are,  
From  
**Brayden**





Dear Jim,

My name is Kiara I attend Epping Secondary College and I am a year 7 student. You spoke to our class on Wednesday, 6th February and I am writing to thank you and tell you what I learned from your presentation.

When you told us that we should always try our best and that everyone deserves respect no matter who or what we are, I instantly thought about why we need to respect each other and how we can do anything we want to do as long as we try.

Listening to your presentation made me think about how I can improve my life and it also taught me to not worry about things that I have to do the next day or the week after. Even though we are different we are all human and we are all equal and that courage is shown in many different ways. We can do anything if we follow our dreams and believe in ourselves and you also taught me not to judge people before you truly know them.

You taught me to be patient and to be caring to others and that we should never let little things get in the way and stop us from doing something we love doing. You also taught me that the more effort we put in the more we improve in something and if anyone meets you I hope they learn lots of things from you like I did.

A few things I like about you is

- You're Independent.
- You're Encouraging.
- You're Inspiring.
- You're kind.
- And you don't care what others think about you.

You are also an Amazing football player and you are awesome! I hope I can play a football game with you someday, I really hope I am able to see you again. Thank you so much for sharing your story and putting lots of time and effort to share it. Thank you for teaching me so many things and giving me a lot of advice, you are an amazing person Jim.

Yours Sincerely,

**Kiara Cousins-Wilberforce**

Dear Jim,

My name is Daen Brown and I just wanted to write to you to say thank you for coming to Epping Secondary College to present your inspiring speech and about how to act in life and how to be a great person. You definitely showed me that it doesn't matter about the outside, it matters about the inside of a person and that your insides are like a super hero!

I also learnt that you shouldn't judge anybody because everybody has challenges and you don't know what other people have been through. So from now on I will try really hard not to judge especially when I don't know their story. These are some of the most important things you said in your speech that I will follow for life.

- Everyone is different and it's okay.
- Everyone is human and we are all equal and deserve the same respect.
- Some people have different challenges but we all feel life's challenges sometimes.
- Everyone has special talents or gifts and skills and we should all work on what we are good at and keep trying to improve all the time.
- No matter what happens in life don't let anything stop you no matter what. Always try if any obstacle gets in your way, never let it stop you. Everyone should be happy with who they are.
- Courage is shown in many ways.
- You can improve anything if you keep trying.
- You have to be patient and not expect improvement straight away sometimes it takes a really long time.

Thank you Jim for coming to E.S.C to share your inspiring life story, you're an incredible person Jim! I liked everything Except that you go for Richmond, barrack for Collingwood, GO PIES 2019!!

Kind regards,

**Daen Brown**

Dear Jim,

My name is Jordan Sam and I am a year 7 student at Epping Secondary College. You spoke to our class on Wednesday, 6<sup>th</sup> February and I am writing to thank you and tell you what I learnt from your presentation.

When I walked into the room I didn't know what to expect. I remember when I first saw you I thought your assistant was going to speak but you had the courage to speak to us all and the PowerPoint was amazing! You have impacted the way I talk and treat other people and I would like to tell you my favorite quotes from the presentation.

The first one I will always remember is "to love yourself enough to be yourself". This quote has changed the way I think about myself and I'm proud to be ME! I am happy with what I have and I am going to enjoy LIFE!

Another one of my favorite quotes was "Even though we are different, we are all equal". This quote has made me change the way I see other people especially if I don't know them and I will include them. Just because someone is different they are human and we all have different challenges and deserve to feel welcome and included.

The final quote I'd like to tell you about is "to never quit". This will impact the way I tackle challenges, to keep pushing to the finish and if I put my mind and heart into it, anything is achievable.

I would like to thank you a lot for putting in the time to talk to us and create such an amazing PowerPoint. Your presentation has heavily impacted the way I speak, act and feel. I will apply what I have learnt in my everyday life and become a better person. You are an **INCREDIBLE** and **AWESOME** person and also an amazing football player.

Thanks again for the wisdom.

Sincerely **Jordan**

# Starting Out Program



AMAZING RACE



Congratulations to all year 7 students for making the Amazing Race activity such a fun and exciting event. Thanks also to all staff who facilitated each station and for Mr Mulholland for his overall organisation.

Each station had separate challenges which were spread out around the school. These required students to work in teams competing against other teams for accuracy against the clock. The college facilitates interactive hands on learning in many ways and encourages students to develop their critical and creative thinking skills. It was clear to see that while all students were engaged they were learning for life the very skills they will use in their adult lives. It was a real pleasure to see their enthusiasm and energy across the day. We're looking forward to an awesome year ahead.

Sincerely,  
**Mr Kaska and Ms Butera**  
**Year 7 Coordinators**



Grape Throwing





Basketball



Drinking Relay



Stepping Stones



Handball



Sudoku & Word



# February 2019

## Future Directions 2018 Success

Congratulations to Monique Mazzeo who has successfully transitioned from her year 11 Foundation VCAL course in 2018 to employment at the Northern Hospital in Epping. Monique worked hard to combine her VCAL studies with her SBAT - Certificate II in Business via EFocus. Her employers were so impressed with her that they offered her a full time traineeship. She is now undertaking a fulltime traineeship in Certificate 3 Business at the Northern Hospital commencing 28th January. Monique is an example of what our vocational studies at Epping aim to provide for our students. Our goal is to teach students the skills they will need for successful participation in the work place and provide them with opportunities to explore their interests and make informed decisions about their future career and study choices. We are all proud of Monique and wish her all the best for the future.

**Ms Rehak**  
**Future Directions Coordinator**





# February 2019

## 11Y Commencement Program

### TEAM BUILDING ACTIVITY



On a really hot 35 degree day several 11Y students, participated in a team building activity at One Health and Fitness in South Morang. Students completed a circuit of challenging activities in the gym demonstrating their ability to challenge themselves, encourage each other and demonstrate the ability to persist with an activity even when it's difficult. Although the students all found the circuit at times difficult, most of them gave it their best shot. I look forward to 11Y students growing together as a group and sharing many new experiences that will hopefully help them develop both personal and work related skills they can

use in their everyday lives. Well done to Layla, Brodie, Noah, Jugraj, Sanchkeerat, Marco, Jamie and Jayden who participated in the activity and thanks to One Health South Morang for hosting us.

**Ms Rehak**

**Future Directions Coordinator**



# February 2019

## Business Forum Workshop

On Wednesday, February 20th, 42 year 11 Business Management students attended a Business Forum workshop at La Trobe University. The day was jam packed with many valuable workshops that students attended and participated in. The workshops were interesting, hands on and inspiring. Some of the workshops included 'Effective Ways To Market a Business', 'Plan Effectively for Business Success' and 'Rules and Regulations'. We heard from a young, successful entrepreneur, Anthony Lam, founder of Punchy Digital Media. He shared his story and some valuable tips for those wishing to start their own business in the future. Overall, the day was a success and our students all gained some valuable insight into business studies and entrepreneurship.

**Mrs Serene Kotob**

On Wednesday, 20th February, Mrs Kotob and Ms Neri took all of the year 11 Business classes on an amazing trip to Latrobe. We had the privilege of hearing Anthony Lam (the founder of Punchy Digital Media) speak to us about his company. Anthony was inspired by a quote by Kanye, "I'm in the pursuit of awesomeness, excellence is the bare minimum", and uses it in his company everyday as one of their values. After Anthony's presentation we had a small workshop on 'Effective Ways to Market a Business' with a gentleman named Peter. In this workshop most of us struggled to write down all the notes so we felt what the life of a university student would be like. We couldn't just say 'stop the power point' we had to summarise. The next workshop we had was 'Rules and Regulations' with AJ who kept asking us our business idea and once we'd finished explaining he'd ask, "And why haven't you done it. What's stopping you?" Lunch was long awaited so we all set off on our own way to eat something different. Some of us had Subway, others HSP, noodles or sushi. The last workshop was 'Plan Effectively For Business Success' and this was with Alex. He spoke to us about core activities which you need to complete when starting a business. Despite the very long bus ride home we all had an amazing day of learning and fun.

**Sarah Assaf 11B**

The VCE Business Forum 2019 held at La Trobe University was a very informative excursion. Before attending the excursion, we were required to think of a simple business idea or chose one from the options La Trobe gave us. The purpose of this was to develop your business idea throughout the day in each workshop. The first workshop we visited was held by Peter Matheis, who taught us the effective ways of marketing a business and with these methods we put our own business idea into practice. Moving on we learnt the rules and regulations of any business and then applied it to our own. Finally, we heard from Dr Alex Maritz, who taught us how to plan effectively for business success, where we again put our own business idea into practice. Overall, the workshops were very inspirational and informative and I highly recommend next year's students to attend.

**Emily Valeri 11G**





# February 2019

## SRC Report

**Hello and welcome back to another year!** The Epping Secondary College Student Representative Council have already begun meeting and trying to provide the best student representation possible for all of us.

The SRC is an opportunity for students to have input into decisions impacting all areas of our school community. We are here to advocate for students and to ensure that student voice is heard in the decision making process. We also aim to build school pride and strong ESC community that is diverse and welcoming. We are focussed on social justice, representation and engagement.

We have made a few changes this year with our meeting schedule and we want to invite anyone who is interested in what we do to come and drop into our meetings on Blue Week Mondays. You are welcome from the start of lunch in the main staffroom and if you are inspired to become involved, see Ms Smith in the J15/16 office to talk about joining officially.

We have started putting together a list of fundraising events, as well as some fun activities that we want to run throughout the year but if there is something in particular that you think we need to be involved in, come along and let us know.

Coming up: we will be holding a house pride stall (hair spray and face painting) at Athletics Day.

**The SRC Team**

## Year 12 VCAL Assembly



Congratulations to our VCAL captains-Caitlin, Megan and Gaurav for organising and hosting our first Year 12 VCAL assembly. We will hold a number of assemblies that our Captains will organise throughout the year with guest speakers. Our first guest speaker was Danielle from the Young Workers Centre who spoke about your rights at work. These students have also been very busy designing their classrooms with displays and table layouts. **Mrs Hysen - VCAL Coordinator**



# February 2019

## ARTS NEWS

- VISUAL ARTS – MUSIC – DRAMA – DESIGN – MEDIA –

2019 is looking like a promising year for Arts @ Epping Secondary College – students and teachers have a lot to look forward to! A range of excursions, incursions and workshops are being organised across the arts to allow students to completely immerse themselves in the arts both inside and outside of a school setting.

### LOOKING BACK...



It is important that we acknowledge the successes of the class of 2018 – where students who have studied Studio Arts, Visual Communication Design, and Media have moved into tertiary education in these areas at RMIT University, La Trobe University, Australian Catholic University and Swinburne University – well done! This kind of success does not happen without the triumphant efforts of the VCE Arts staff who work tirelessly every year to ensure that each student is able to reach their creative potential. This year is also the first year Epping Secondary College will be running a Year 12 Theatre Studies class so we are really excited to see what students will be working on in upcoming months.

*Student work from 2018 Studio Arts and Visual Communication Design in the ESC Gallery*



### EXCURSIONS AND INCURSIONS...



There are a range of excursions, incursions and workshops coming up for the arts domain at the college this year and we are SO EXCITED! Here is a list of some of the upcoming events for our students...

- Top Class (Drama & Theatre studies)
- Top Arts @ NGV (Studio Arts)
- Top Designs & Torrens University (Visual Communication Design)
- 11 Viscom Copic marker incursion (Visual Communication Design)
- 10 Viscom Copic marker incursion (Visual Communication Design)
- The Violent Outburst (12 Theatre studies) (Visual Communication Design)
- One The Bear (Theatre studies)
- The Monologue workshop (Drama)



*Excursions to the Whitehouse Institute of Design and the NGV*

### CREATING AND PERFORMING ARTS CAMP 2019...

The CAPA Camp is currently being organised for 2019. This is a city-based camp for Year 9 & 10 students which allows them to see and experience what it is like to work in the arts in the real world. This camp is full of experiential workshops for students to experience across Music, Visual Arts, Design, Drama and Media subjects.



The camp is currently being organised and information will be sent to parents and students via Xuno. Please keep an eye out for this event if you or your child is interested! (Remember – Year 9 and 10 students only)

**The year ahead is going to be super exciting and staff and students can not wait to get straight into it for 2019! Please make sure to**

**check Xuno for excursions, incursions and camps from the Arts program at ESC.**



*Students at previous CAPA camps immersing themselves in arts-based activities.*

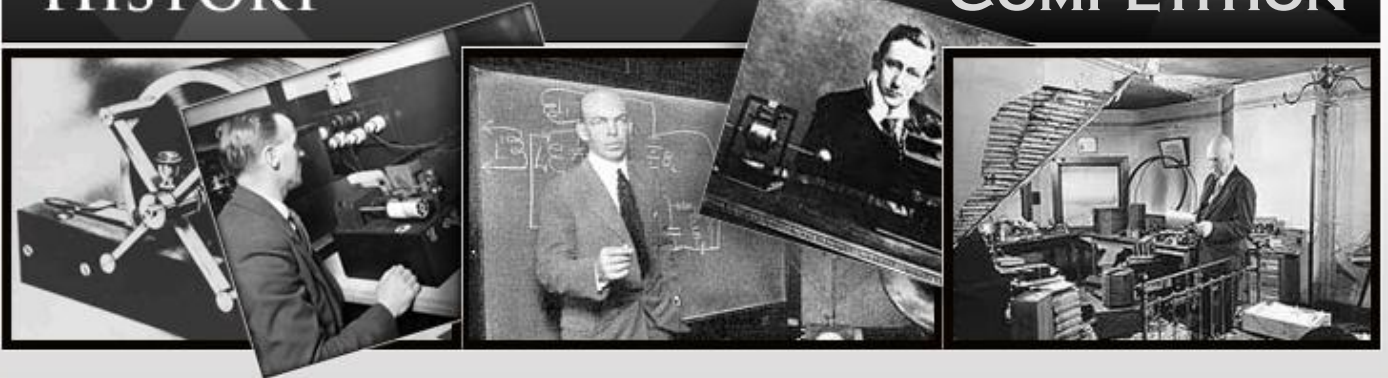
**Cara Gallina**  
**CAPA KEY LEARNING AREA LEADER**



# February 2019

## HISTORY

## COMPETITION



Any Year 7-10 student interested in participating in the History Competition please see Mrs. Edwards. The competition will involve answering 50 Multiple Choice Questions in 45 minutes on 5th June, 2019. There is the opportunity to win \$250 cash!



Any 7-12 student interested in competing in the Geography Competition please see Mrs. Edwards. The competition will involve answering a number of Multiple Choice Questions in 35 minutes on 27th March, 2019. There are several prizes up for grabs!

# February 2019

## Wellbeing Report

### SMASHED Performance

At the end of 2018, all Year 8 and 9 students watched the theatre performance Smashed. The vision of the Smashed project, is to break the culture of underage drinking and reduce alcohol related harm amongst adolescents.

The performance had three main characters. They explored the dangers and risks of underage drinking as well as the causes of underage drinking, including social influence and peer pressure. The performance also enlightened students on how to keep safe from harm by making the right choices about alcohol.

Most importantly, students could relate to and empathise with the characters – Jack, TJ and Bronte. This is important for an adolescent as it enables them to put themselves in the shoes of the characters. Students were able to change the outcomes for the characters by re-writing the script. The Smashed performance sets students up for the future and they can use the strategies they developed in the show to make informed choices and keep themselves safe.

Smashed was an outstanding theatre performance and the students were very positive with their feedback.

**Leanne Halsall**

**Wellbeing Coordinator**







*Would you like to be better equipped to support your child aged 13-17 years as they go through 'tricky teens'? Backed by evidence-based research, Tuning into Teens will help you to develop skills to recognise and respond to your child's emotions.*

#### Would you like to learn how to:

- Better understand and help your child navigate this important developmental phase
- Strengthen your relationship with your child
- Coach your child to manage strong emotions like worry, anger and sadness
- Build your child's problem solving, conflict resolution and resilience skills
- Help your child develop positive and healthy friendships

*Tuning into Teens* is a three session program that teaches parents how to help their child develop emotional intelligence – a key skill that can help them better cope with emotions, better engage in learning, have fewer mental health difficulties and have more stable and satisfying relationships, not only as children but also as adults.

**Ideal for:** Parents of Years 7-12 at Epping Secondary College

**When:** Wednesday 20<sup>th</sup> March, Tuesday 2<sup>nd</sup> April and Wednesday 1<sup>st</sup> May at 6 - 8pm

**Where:** Library at Epping Secondary College

**Cost:** Free parenting sessions

**Booking and more information:** Contact Leanne Halsall/Tiff Griffith on 94012599 or email via XUNO

#### التعامل مع مرحلة المراهقة

محاضرات مجانية للوالدين خلال الترم الأول والثاني من  
لعام ٢٠١٩

هذه المحاضرات تهدف لمساعدة الأهل في الحصول على  
المهارات الضرورية لمساعدة أطفالهم من خلال  
تطوير النكاح العاطفي

كيفية التحكم في مواقف الطغص العصبي

تعامل الفشل في مواقف المنصب الثاني أو أي مشاعر أخرى

تحسين طرق التواصل مع الأهل ومواقف الاختلاف معهم

هذه المحاضرات جزء من أبحاث تقوم بها جامعة ملبورن

لوارنت الاشراف في هذه المحاضرات اتصل ب مني أو ليان أو

تلفني بمدرسة لينج رقم ٩٤٠١٢٥٩٩

هذه المحاضرات سوف تقام أيام

الأربعاء ٢٠ مارس و الثلاثاء ٢ أبريل والأربعاء ١ مايو من

الساعة ٦ إلى الساعة ٨

## HEALTH CARE CARD HOLDERS

Parents who hold a Healthcare Card may be entitled to \$225 for Camps, Sports and Excursions. If you haven't already applied or previously received CSEF and you have a Healthcare Card please contact the school on 94012599 for an application.

## FIRST AID/SICK BAY PROCEDURES

**If your child messages or phones you to say that they are unwell could you please ask them to report to sick bay and we will ring you.**

Students who become ill at school are to get permission from their teacher to go to the general office where they will be provided with first aid, admitted to sick bay or have their parents contacted. If a student is so ill that it warrants the student going home, this will only be arranged if the parents can first be contacted by phone. The college is not permitted to distribute Panadol or the like to any students. It is imperative that the college has current emergency and home contact numbers. The college recommends ambulance and medical insurance to all families as any costs incurred are not covered by the college.

## EARLY LEAVERS

**If students are leaving early throughout the day, a parent note must be written in their diary.**

This will be approved in the morning by the coordinator and then students must sign out via the student attendance office for their year level. This will ensure that your child/ren will be ready for collection without delay. (Where possible, medical, dental appointments etc should be made outside school hours)

**We appreciate that sometimes emergency things happen so if you could ring the school before you leave so that we can organise your child to be ready at the general office.**



# UNIFORM EXPECTATIONS

## Girls Summer Uniform



- College Summer Dress
- College White Knee high or short socks
- College Shorts with College Polo/white shirt
- College Jumper
- Black School Shoes
- College Spray Jacket or Blazer
- College Cap (optional)

## Boys Summer Uniform



- College Trousers or Shorts
- White socks
- College Shorts with College Polo/White Shirt
- College Jumper
- Black School shoes
- College Spray Jacket or Blazer
- College Cap (optional)
- College Tie (optional)

## Girls Winter Uniform



- College Winter Skirt
- College Trousers
- College White Shirt
- College Jumper
- Black Opaque Tights
- White Socks
- College Spray Jacket or Blazer
- Black School Shoes
- College Scarf (optional)
- College Beanie (optional)
- Black Gloves only
- College Tie (compulsory for Y7 and Y8)

## Boys Winter Uniform



- College Trousers
- Black or White socks
- College White shirt (Not polo)
- College Jumper
- Black School Shoes
- College Spray Jacket or Blazer
- College Cap/Beanie (optional)
- College Scarf (optional)
- Black Gloves only
- College Tie (compulsory for Y7 and Y8)

## Sport Uniform



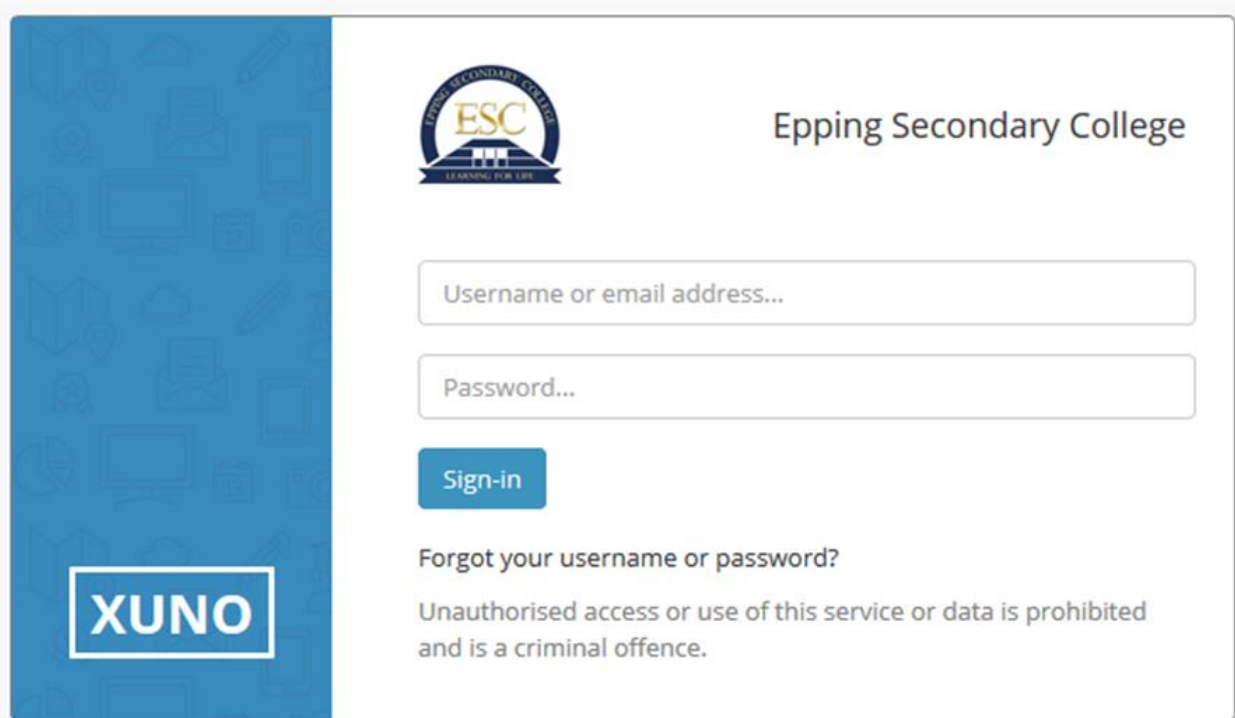
## Blazer



## Softshell Spray Jacket



## Have you logged into the XUNO Parent Portal?



XUNO is your parent portal to view news and events, book parent teacher interviews, check your child's live attendance, update your contact details, and check your child's progress, homework assignments, and more.

### What can you view?

- Attendance
- Timetables
- Incidents and achievements
- Calendar of upcoming events
- News for your students class or Year Level
- Homework
- Reports (past and present)
- Give permission for excursions
- Pay for excursions
- Book future parent teacher interviews



### The following items can be found on the school website:

Quick link to the Portal - <http://portal.eppingsc.vic.edu.au/>

A help booklet page - <http://www.eppingsc.vic.edu.au/content/xuno-assistance-epping-secondary-parents>

If you are having issues with your log in detail please contact the office on 9401 2599.



## ATHLETICS DAY COMING SOON! 4th April

Parent permission forms need to be completed via XUNO ASAP please.

ELTHAM LACROSSE 2019  
**PRE-SEASON  
TRAINING**  
COME & TRY THE FASTEST GAME ON TWO FEET!

Boys & girls under 13s & 15s  
(under 11s can join in too)  
> Starting February 14th  
> Thursday nights  
> 5.30 to 7pm

EQUIPMENT  
PROVIDED

MORE INFORMATION  
[info@elthamlacrosseclub.com.au](mailto:info@elthamlacrosseclub.com.au)  
[elthamlacrosseclub.com.au](http://elthamlacrosseclub.com.au)



### School Photo Day 2019

Arthur Reed Photos will be coming to the college to take **annual school photos** on **5th March** and **family photos** on **12th March** during lunchtime.

There will be an online register and payments will be required after the images are seen.

Further information will be loaded onto XUNO soon.



February 2019



**\$ 25  
Private  
Lessons**

**LEARN TO PLAY**

**BEGINNERS TO ADVANCED**  
CHILDREN, TEENAGERS & ADULTS

**SINGING VIOLIN CELLO**

**DRUMS GUITAR BASS**

**PIANO KEYBOARD UKULELE**

Jac Music School  
ENROL NOW 0418 172 506 Epping





**YOUTH PROJECTS**  
PRESENTS

## FREE DRUG & ALCOHOL INFORMATION SESSION FOR PARENTS

COVERING A RANGE OF DIFFERENT TOPICS TO SUPPORT PARENTS OF YOUNG PEOPLE AGED 10 - 25.

**This session will cover:**

- The impact on development when using substances.
- How to approach the topic with a young person.
- Debunking myths about drug and alcohol use.
- PLUS: Q&A on drug and alcohol for parents.

**Wednesday 6 March**  
**6.30 - 8PM**

EDGE Services for Young People  
(Westfield Plenty Valley)  
Shop MM19/415 McDonalds Road, Mill Park

**BOOK NOW: [trybooking.com/BAVOR](http://trybooking.com/BAVOR)**

For more information contact Paul at Youth Projects on 0499 799 170.

Supported by





## Join our Girls Resilience Program


Weenthunga Health Network is committed to encouraging and supporting First Australian girls into careers in health.

If you're an Aboriginal and/or Torres Strait Islander young woman in year 10, 11 or 12 (or equivalent) we can support you by:

- Yarning about your skills, strengths and interests and how these can link to a career
- Exploring ways to achieve your career aspirations and goals
- Inviting you to our Weenthunga Health Day Women's Talk and our other cultural activities
- Building and collaborating with your support network
- Providing information about education and training in health
- Assisting you with applying for courses, work experience/placement, scholarships and ABSTUDY
- Connecting you with a health professional in the field that you're interested in for additional mentoring and guidance

To find out more, or to get involved with our program, please email Sam Paxton, **Leader Girls Resilience Program - North East Melbourne**, at [sam@weenthunga.com.au](mailto:sam@weenthunga.com.au).

**www.weenthunga.com.au**



Artwork: Shawana Andrews - Connecting Through Conversation

**BASELINE PRESENTS**

## FreeZa Events committee



**Are you interested in?**

- Event Management
- Flyer design
- Creating music beats
- Dj workshops
- Photography
- Delivering music events

**When:** Every Thursday starting 21 February 2019 (not during school holidays)

**Time:** 4pm to 5:30pm

**Where:** Edge Services for Young People  
Shop MM1, Westfield Plenty Valley  
McDonalds Road, Mill Park

**Age:** Young people aged 12 - 18 years

**Cost:** Free

**Contact:** 9404 8800 or email [baseline@whittlesea.vic.gov.au](mailto:baseline@whittlesea.vic.gov.au)

All activities are supervised by Council's Youth Services staff.

 Find us on Facebook

  [www.whittleseayouth.com](http://www.whittleseayouth.com)  
e. [baseline@whittlesea.vic.gov.au](mailto:baseline@whittlesea.vic.gov.au)  
p. 9404 8800

**BERRY STREET**  
We're for Childhood  
SINCE 1877

## Teenage Aggression Responding Assertively (T.A.R.A.)

### Northern Region

*A workshop for parents of adolescents who are behaving with aggression and violence*



Please join us to discuss the impact of challenging behaviours and violence on families and relationships and to consider the role adolescent development, styles of communication and patterns of relating have in family relationships.

Our intention is that parents feel less alone, better equipped, more hopeful and confident in their ability to respond to challenging behaviours in a way that promotes safety, trust and connection for all family members.

For more information or enquiries please contact:  
T.A.R.A Program on (03) 9450 4700  
Berry Street, 677 The Boulevard, Eaglemont VIC 308



# EPPING SECONDARY COLLEGE

## OPEN NIGHT

Tuesday 26<sup>th</sup> March 6:30pm



*Learning for Life*

## Find out about our ACE Program

For further information about our college contact Helene Alamidis (Principal) on 94012599